BOOK REVIEW

Pharmacological Actions of Homoeopathic Drugs

The recent publication of the Central Council for Research in Homoeopathy (CCRH) on Pharmacological actions of the homoeopathic drugs is an effort to bridge the gap that exists in the system between materialistic science and dynamic principles. The CCRH is mandated to validate the scientificity of homoeopathy and is also responsible to take steps to remove misconceptions of the system. Ever since the codification of its principles by Dr. S. Hahnemann in 1810, through publication of the first edition of his Master work, The Organon of the Healing Art (Organon der rationellen Heilkunde), Homoeopathy has become a distinct medical system. Its gentle approach in therapeutics made way for envious challenges from the people of crude practices prevailing at that time. Thus homoeopathy started its development with large number of detractors on one side and supporters on the other side. Over a period of time, both allopathy as well as homoeopathy accepted scientific advances based on contemporary information and now these are the two principle methods of treatment of the sick widely accepted across the world. Though both these systems have diverse approach in the treatment, but with the introduction of scientific and modern teaching, there is emergence of interest to understand both these systems by the investigators from both the side. In the teaching and training programmes, there are common subjects in both the systems except in the pharmacology. Due to this in many countries, Homoeopathy is a specialization after Allopathic training and in few Asian countries the teachings are independent. The Central Council of Homoeopathy had taken a step to teach the pharmacological action of 30 drugs in the BHMS syllabus and the Central Council for Research in Homoeopathy has made efforts to codify these in the form of a book. Both these apex organizations need appreciation for this initiative.

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Homoeopathy is a dynamic system of medicine with unique principles on theory and its practice. The properties of the Homoeopathic medicines are elicited through Human Pathogentic trial. The elicited properties form the pure Materia medica. Anybody can at any time can elicit the characteristic property of a dynamic homoeopathic medicine anywhere on a defined protocol. Inspite of the fact that there are no demonstrable evidence of drug substance in Homoeopathic high dilutions, its effect on the sick as well as healthy are demonstrable. This is the greatest scientific evidence of Homoeopathy. This is the main reason why Homoeopathy survives today in spite of severe onslaught by its opponents. Most of the information documented in the book are loosely available in different Materia medica such as Encyclopaedia of Pure Materia Medica, (12 volumes) by Timothy Allen, MD, A Manual of Pharmacodynamics by Richard Hughes, Homoeopathic Materia Medica by Willam Boreicke M.D, Homoeoapathic Pharamacopeia of India etc. However the credit goes to CCRH in systematizing that and presenting it in a text book form. The referencing given under each drug will help people to go into the details. The presentation would have been better if the transparencies were printed in color.

The objective of the book seems to be only to give information on the pharmacological action of low dilutions/ mother tinctures with demonstrable original drug substance, but the title gives an impression that it includes the dynamic medicines which could have been avoided. Otherwise it is a ready reference to the scientists and students. For the benefit of the system, it is advised that the council documents information on more drugs.

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