

BOOK REVIEW

Menopausal Syndrome: Homoeopathic Approach

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The monograph provides a wide perspective on the menopausal syndrome for the practitioners of homoeopathic system of medicine.

The contributors, all well qualified and well known in their fields, are drawn from the major disciplines involved in managing and providing gynaecological and obstetric care and homoeopathic treatment, and also research activities related to the discipline.

The monograph has twelve chapters. The six chapters deal with the epidemiological, patho-physiological, and clinical aspects of the menopausal syndrome, each presenting the topic from the viewpoint of each of the disciplines. Seventh and eighth chapters incorporate clinical evaluation and general management during menopause respectively. Chapters nine to eleven deal with the homoeopathic management of menopausal syndrome, include therapeutics and reportorial analysis. Chapter twelve has been exclusively devoted to the research and has been divided into two sections. Section one provides information on the research conducted by the CCRH in menopausal syndrome and section two includes outcomes of research done in homoeopathy all over the world.

Academically the monograph is of high quality and is appropriate to the subject. The content is up-to-date, comprehensive and makes reference to all current major developments. It includes expertise of number of academicians, specialists, and researchers in the field compiled in one monograph.

The monograph is well presented and readable. In spite of its multi-author contribution, it has been ensured that there is no detractor from the high quality of this work in terms of consistency, style, fluency and presentation.

The level of the monograph makes it suitable not only for the practitioners of the homoeopathic system of medicine, but also for all those professionals who are involved in the management of gynaecological problems who need to update themselves with respect to the homoeopathic aspects.

All college libraries should have a copy and all medical students should have access to a copy for general reference use. Students on specialist courses will also benefit from owning a copy.

This is an excellent monograph which I have no hesitation in recommending to the students and health care professionals.

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